

River of Life

# Parenting Younger Kids - Part 2

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## Disciplined Humans

*Bringing kids in on what God's doing*



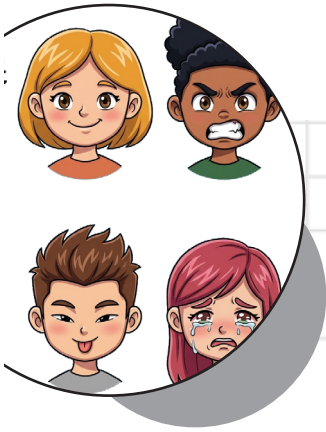
To see seminar  
slides

### Covenant witnesses

What does Deuteronomy teach us about parenting?

### Tag-teaming it

- Conversations: God's Word in all daily life situations
- Telling what God has done in previous generations
- Reminders: things we saw God do
- Holidays: celebrating together what God has done
- Explaining: the reasons for what we're doing
- Hearing Scripture read together



## **Emotional Humans**

*helping your kids with big emotions*

### **Introduction**

- Recognizing which emotion they are feeling
- How to express/"let out" emotions

### **How emotions work**

- Hormones play a big role
- Hormones will eventually come down
- If emotions are ignored, distracted from, pushed down . . . they last longer!

### **Fear**

1. You feel afraid.
2. Ask why are you afraid.
3. What do you need to do to be safe?
4. Now that you know you're safe, do you want to keep doing X?

### **Anger**

- Ideas:
  - jumping (trampoline)
  - running
  - hitting pillows
  - big emotions buddy
  - alone time
  - silent screams

### **Still showing respect**

- Respectful voice and volume
- Respect for us as humans
- Respect for our authority - we make the final decision